

## Exclusive netball courses for *Coaches Only!*

QUALITY • INTERACTIVE • VALUE FOR TIME



After the overwhelming success of 2018 and on request Sportisimo are proud to announce:

### *ALL ABOUT COACHING 2019.*

This exclusive **Coaches** course is the ideal opportunity to prepare for your 2020 season. This weekend promise time to reflect, plan, relax and spent quality time with your coaches' group.

All About Coaching is a **unique** course compiled by **Dr. Elsje Jordaan** (owner of Sportisimo as well as current SA U/21 and NW Flames Head Coach). She will share her knowledge, experience and passion gathered over the last 10-years of national and international coaching. Guest speakers are also invited and will add value to the weekends' programme.

The course is designed and guarantee to give you practical and workable solutions. Sessions will be presented interactively, and coaches will have the opportunity to direct questions and share in the 'behind the scene' experiences. Any coach will benefit and learn from and during this course.

Limited space is available. Join us for YOU. Join us to learn, grow and share without the normal daily pressures of being a coach.

### *Courses Programme*

#### *All About Coaching Programme Includes...*

- "Back-2-Basics"
- The Big 4...
- Defence is key
- Game Sense
- Conditioning is Essential
- Game Day
- Who Takes Care of the Coach?

### *Costs and Dates*

#### **Sportisimo ALL-ABOUT-COACHING Course** **1-3 November 2019**

Courses start on Friday @ 14:00 and end Sunday @ 11:30.  
Cost includes accommodation, meals, bedding, course material, game drive, and others.

R 1 590.00 per person (3-days, 2-nights)  
Deposit R 500.00 per coach.

#### *Venue...*

SPORTISIMO Courses are presented at Zwartkloof Private Game Reserve. Zwartkloof is situated 13-km outside Bela-Bela (Warmbaths), on the R516.

### *Contact Us*

Complete the entry form and submit to **info@sportisimo.co.za** or fax: 086 514 7744.

For any enquiries contact Elsje @ 082 255 0791 or visit our website, **www.sportisimo.co.za** for more information, photo's and an overview of our products.

